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Discover the dark side of America's favorite health food with top nutritionist Dr. Kaayla Daniel as she sheds light on the often contradictory evidence on soy and disease. The Whole Soy Story provides the research to determine which studies are valid, which justify hype and which don't, and why.

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The whole soy story : the dark side of America's favorite ...

The Whole Soy Story: The Dark Side of America's Favorite Health Food, New Trends Publishing, Washington, DC, 2005:30-2. For up-to-date data on soybean production, consumption, product sales and other industry news, see [www.soyatech.com](http://www.soyatech.com). 2. [tinyurl.com/43gdx81](http://tinyurl.com/43gdx81) 3. *ibid.* 4. [tinyurl.com/6ccfnaj](http://tinyurl.com/6ccfnaj)

Soy Has a Dark Side | Dr. Kaayla Daniel

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