

## Summary The 4 Hour Workweek File Type

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### Summary The 4 Hour Workweek

United Structural LLC, a Rochester construction design company, has embraced the four-day, 32-hour work week and operates via cloud technology.

### Columnist: It's time for a four-day workweek, America

The latest from the Department of Why Is This Still A Thing?: 40-hour workweeks are pointless and even harmful. And scientists are proving it. Researchers in Iceland are calling trials of a shorter ...

### It's time to end the 40-hour workweek

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A recent study out of Iceland found that working a 36-hour week improved employee happiness without compromising productivity. We'll rethink America's work week.

## **Reimagining The 40-Hour Work Week**

Flexible work is already here. But with the way American business works, the four-day week is a fantasy.

## **Stop trying to make the 4-day workweek happen**

The five-day workweek is so entrenched in American life that everything, from vacation packages to wedding prices to novelty signs, is built around it. When you live it every Monday through Friday, ...

## **The five-day workweek is dead**

Can your business be more productive with a four day work week? Steve Glaveski unpacks the pros and cons for small business owners ...

## **Can the four-day work week work for your business**

Workers sang that song in the 1880s, protesting for an eight-hour workday at a time when the average was more like 12. They achieved that goal. But more than 100 ...

## **Forget improved productivity. A four-day workweek will make us better humans.**

This article is part of our series on burnout and work culture, Running on Empty. Stay tuned for

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the next video episode coming later this month. Images by Zachary Tang save where otherwise stated. It ...

## **Can The Four-Day Workweek Really Work? Candlenut Says ‘Yes’**

As employees report burnout and some threaten to quit their jobs, employers are rethinking flexibility. Some, like Kickstarter, are trying a four-day workweek.

## **Will the post-Covid world include a 4-day workweek? As Kickstarter tests it out, some predict it will catch on**

One idea that I keep reading about a lot lately in our post-COVID world is the four-day workweek. I have to say that the idea appeals to me. I have never subscribed to the idea that employees need ...

## **Eric Brown: Positives of four-day workweek make it worth considering**

Iceland tested a four-day workweek with a group of residents and found a boost in well-being and no loss in productivity.

## **Iceland Tested A Four-Day Workweek And The Results Imply We’re All Getting Screwed By The Man**

Reducing hours without reducing pay would reignite an essential but long-forgotten moral project: making American life less about work.

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## **Kill the 5-Day Workweek**

Two years ago, if I said we'd all be working remotely, you'd laugh. Suffering through over eight-hour days, five days a week in the office was the punishing standard, until Covid-19 hit.

## **There's A Growing Movement And Petition Circulating To Push For A Four-Day Workweek**

4 Day Week usually advocates a 32-hour workweek comprising four eight-hour days. The results of early experiments have been promising. When Microsoft Japan tested the four-day week in 2019 ...

## **Kickstarter Is Moving to a 4-Day Workweek**

Labor unions and civil society organizations pushed Iceland to move to a four-day workweek — with positive results. From 2015 to 2019, there were two large-scale trials of shorter working hours — ...

## **Most Iceland Workers Shift To Four-Day Work Week With Positive Results**

Researchers in Iceland are calling trials of a shorter workweeks an "overwhelming success," after productivity improved and workers reported feeling less burned out. Here are the details.

## **Time to end 40-hour work week? New research shows less burnout, more productivity**

Some of the trials' key findings showed that a shorter week translated into increased well-being of employees among a range of indicators, from stress and burnout to health and work-life

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balance.

**Iceland tested a 4-day workweek. Employees were productive — and happier, researchers say.**

The reality seems to be that with less time for work, people are likely not to work less, but to waste less time.

**Iceland's 4-Day Work Week Trial Was a Smashing Success. Will It Start a New Trend?**

A Baltimore technology consulting firm is experimenting with a new workforce model to help attract and retain top talent following the challenges of the global pandemic — a four-day workweek.

**Can a four-day workweek attract new talent? This Baltimore tech firm is betting on it.**

Wall Street's hot streak cools off; it's time to end the 40-hour workweek; and the Pentagon canceled a \$10 billion contract with Microsoft.

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